

The Page and the Epistle



NEWS

NEWS: DONUTS: THE EVOLUTION OF AMERICA'S FAVORITE TREAT

OCTOBER 26, 2020 | YAROSLAV MYTSAK | 28 COMMENTS

Donuts! Everybody loves this sweet treat with its perfect ring shape and irresistible frosting. While most know that donuts are absolutely to-die-for, few know the fascinating history behind this scrumptious delicacy and what led it to become one of the most popular treats in America.

The donut has played an important role in the history of food consumption in the United States. According to the website, "Mr. Breakfast," donuts have been around for thousands of years. Archaeologists have found fossilized bits of what appear to be donuts in old Native American settlements. In early Manhattan, the Dutch deep-fried dough to create delicious "oily cakes." These "oily cakes" are known as the world's first donuts.

Although the Dutch take credit for invention of the classic donut, Mason Crockett Gregory introduced the modern version of this treat with the hole in the middle in 1847. He removed the squishy center of the fried donuts to confirm that it got cooked fully and was crispy. An essay by Kimberly Skopitz on the history of donuts provides another account of Gregory's invention. She writes that Gregory removed the center in order to more easily steer his ship while eating his donut. In order to create this open center, he pushed the soft center of the fried cakes on the spokes of the steering wheel. This hole acted as a grip that enabled easy eating. Gregory, pleased with his invention, convinced the ship crew's cook to bake donuts with a hole in the middle from that day forward.

Donuts may have holes because they make them easier to dunk in coffee or milk. Stores like Dunkin Donuts and Krispy Kreme have grown rapidly due to this treat's immense popularity. According to the

Krispy Kreme website, Krispy Kreme makes enough donuts to achieve from NY to LA each week. Each day, this company sells 7.5 million donuts, and that's only in North America. Dunkin' Donuts sells approximately 2.9 billion donuts and munchkins globally each year. Although these numbers are impressive, the best way to demonstrate the popularity of donuts is merely to ask, "anyone want a donut?" Ultimately, the interesting evolution of these delicious deserts is what has built the donut's appeal and fame that will undoubtedly remain in the years to come.



<https://www.theflavorbender.com/simpsons-dough-nuts-best/>

28 THOUGHTS ON "NEWS: DONUTS: THE EVOLUTION OF AMERICA'S FAVORITE TREAT"



Elsie

MAY 24, 2022 AT 9:25 PM

Wonderful views on that!



Eusebia

JUNE 1, 2022 AT 6:46 PM

Very nice post. I just stumbled upon your blog and wanted to say that I have really enjoyed browsing your blog posts. After all I'll be subscribing to your feed and I hope you write again soon!

**Yvette**

JUNE 2, 2022 AT 2:22 PM

Pretty section of content. I just stumbled upon your blog and in accession capital to assert that I acquire in fact enjoyed account your blog posts.

Any way I'll be subscribing to your feeds and even I achievement you access consistently fast.

**Ann**

JULY 1, 2022 AT 2:12 PM

Wow! At last I got a weblog from where I can actually get helpful facts regarding my study and knowledge.

**Elton**

JULY 1, 2022 AT 2:32 PM

Hey there, You have done a fantastic job. I'll certainly digg it and personally suggest to my friends. I am confident they'll be benefited from this site.

**Ola**

JULY 1, 2022 AT 3:33 PM

Fantastic items from you, man. I have be aware your stuff prior to and you're simply extremely fantastic. I actually like what you've received right here, certainly like what you are saying and the best way through which you assert it. You're making it enjoyable and you still take care of to stay it smart. I can't wait to read far more from you. That is really a tremendous site.

**Raymon**

JULY 1, 2022 AT 3:39 PM

hey there and thank you for your info – I've certainly picked up something new from right here. I did however expertise a few technical issues using this web site, since I experienced to reload the web site many times previous to I could get it to load properly. I had been wondering if your web host is OK? Not that I'm complaining, but slow loading instances times will sometimes affect

your placement in google and can damage your high quality score if advertising and marketing with Adwords. Well I am adding this RSS to my e-mail and could look out for much more of your respective interesting content. Make sure you update this again very soon.

**Derrick**

JULY 1, 2022 AT 3:50 PM

Hi there to all, the contents present at this site are truly remarkable for people experience, well, keep up the nice work fellows.

**Janessa**

JULY 1, 2022 AT 4:09 PM

Hey! Quick question that's totally off topic. Do you know how to make your site mobile friendly? My weblog looks weird when viewing from my iphone 4. I'm trying to find a theme or plugin that might be able to correct this problem. If you have any suggestions, please share. With thanks!

**Dillon**

JULY 1, 2022 AT 4:27 PM

Hello just wanted to give you a brief heads up and let you know a few of the images aren't loading properly.
I'm not sure why but I think its a linking issue. I've tried it in two different web browsers and both show the same results.

**Jamie**

JULY 1, 2022 AT 5:22 PM

Woah! I'm really digging the template/theme of this blog.
It's simple, yet effective. A lot of times it's tough to get that "perfect balance" between user friendliness and visual appeal. I must say that you've done a very good job with this.

In addition, the blog loads very fast for me on Chrome.
Superb Blog!

**Margarette**

JULY 1, 2022 AT 5:27 PM

Pretty! This has been an incredibly wonderful post. Many thanks for providing these details.

**Antje**

JULY 1, 2022 AT 5:43 PM

Hey! I could have sworn I've been to this blog before but after checking through some of the post I realized it's new to me. Nonetheless, I'm definitely glad I found it and I'll be book-marking and checking back frequently!

**Rudolph**

JULY 1, 2022 AT 5:44 PM

Good post. I will be facing some of these issues as well..

**샌즈카지노**

AUGUST 16, 2022 AT 1:32 AM

Looking forward to reading more. Great post.Thanks Again. Want more.

**driving lessons**

AUGUST 17, 2022 AT 8:20 PM

I am so grateful for your blog post.Thanks Again. Really Great.

**btsports**

AUGUST 19, 2022 AT 7:34 PM

Wow, great post.Really looking forward to read more. Awesome.

**สล็อตเว็บใหญ่**

AUGUST 20, 2022 AT 8:49 PM

Hey, thanks for the blog article. Cool.

**customer care**

AUGUST 21, 2022 AT 8:32 AM

A round of applause for your blog.Thanks Again. Really Cool.



19다모아

AUGUST 21, 2022 AT 9:35 PM

wow, awesome blog article. Keep writing.



SMS Marketing

AUGUST 23, 2022 AT 9:34 AM

Im grateful for the blog post.Really looking forward to read more. Awesome.



naked chat rooms

AUGUST 26, 2022 AT 2:55 PM

Thanks for the blog post.Thanks Again. Really Cool.



ชุปเปอร์ สล็อตมาใหม่

AUGUST 31, 2022 AT 3:51 PM

I really like and appreciate your blog.Much thanks again. Want more.



slotpg

SEPTEMBER 3, 2022 AT 8:30 PM

Very neat post. Awesome.



start here

SEPTEMBER 4, 2022 AT 7:08 AM

I really like and appreciate your blog.Thanks Again. Keep writing.



more

SEPTEMBER 10, 2022 AT 3:56 PM

I truly appreciate this blog. Fantastic.



intensive driving courses

SEPTEMBER 10, 2022 AT 10:22 PM

Appreciate you sharing, great blog post.Thanks Again. Awesome.



kelvin kaemingk

SEPTEMBER 11, 2022 AT 9:29 AM

I think this is a real great article.Really looking forward to read more. Will read on...