











### 2021-2022 CLASS OFFERINGS

The Dance Conservatory at The St. Paul's Schools develops the artistic potential of pre-collegiate and pre-professional dancers, as well as dance enthusiasts.

#### **BEGINNER DANCERS** AGES 3-8

#### Pre-Primary: Ages 3-5

Pre-Primary supports locomotive skills, flexibility, musicality, and motor development while nurturing creativity and free movement. Students utilize energy, movement, and expression!

#### Primary: Ages 5-7

Students begin their formal introduction to ballet. Both boys and girls engage in the fundamental elements of classical ballet based on the American Ballet Theatre National Training Curriculum.

#### Musical Theatre 1 & Tap 1: Ages 5-8

Students are introduced to the tap and jazz styles found on the Broadway stage. From Annie to Legally Blonde, dance has played an integral role in telling the stories of Broadway shows.

#### BEGINNER, INTERMEDIATE, ADVANCED AGES 8-18

#### TDC's Ballet Program

TDC follows the American Ballet Theatre's National Training Curriculum, a program for the development and training of young students that embraces sound ballet principles and incorporates elements of the French, Italian, & Russian schools of instruction. AMERICAN BALLET THEATRE Artistically, the National Training Curriculum strives to provide

dance students with a rich knowledge of classical ballet technique and the ability to adapt to all styles and techniques of dance.

#### **Ballet & Pointe Placement**

TDC's ballet program offers classes on a multi-level system, with students progressing from one course to the next at their own individual pace. Students are placed in the level that best suits their needs, with age being a secondary consideration. To successfully achieve the placement necessary to support pointe work, muscle development and form must be practiced to become habitual for the dancer. Strength and muscular development are assessed before pointe is started. This placement method is most important to ensure the safety and best possible instruction at the student's level.

#### **Jazz 1–5:** Ages 8-18

Explore jazz dance from its earliest cultural roots to the present day. Jazz dance is influenced by popular culture, music and events. Students will study all aspects of jazz dance from its historical roots to its current influence. Our jazz program emphasizes proper technique and progression into leaps, turns, and flexibility-minimizing injury and encouraging correct placement and technique.

#### **Acro 1 & 2:** Ages 8-18

Students will develop the strength, agility, and flexibility to be able to perform various ground and aerial tricks. Students will learn everything from front rolls and cartwheels to handsprings, walkovers, and aerials.











#### BEGINNER, INTERMEDIATE, ADVANCED AGES 8-18

#### Modern: Ages 10-14

This class was developed for the dancer who is interested in contemporary dance, but is not yet familiar with the theories or concepts that contemporary utilizes. Dancers will work to build their strength, become comfortable and confident with floor work and "fall and recovery." Styles explored may include lyrical, modern, and jazz.

#### Contemporary/Lyrical: Ages 10-18

Dancers will study the development of contemporary from postmodern and jazz dance into what is now an international phenomenon. Styles explored may include lyrical, modern, and jazz. Students will explore the complete movement potential of the body. Modern dance characteristics emphasized will include contact-release, floor work, fall and recovery, and improvisation. Ballet and jazz's leg techniques are also used.

#### **Tap 2 & 3:** Ages 8-12

This course will introduce dancers to the technical and musical elements of rhythm tap dance. This course will build on students' knowledge of tap basics, increasing speed and fluency of tap vocabulary.

#### **Hip-Hop 1 & 2:** Ages 8-18

This course is designed to study both hip-hop dance technique and culture. Students will explore the complexities of hip-hop dance as well as the history behind the art form.

#### Musical Theatre 2–5: Ages 8-18

Dancers will explore the fundamentals of Broadway-style choreography, including tap and jazz techniques, partnering, character work, and social/historical dances as seen on Broadway. Dancers continue their tap and jazz techniques with a focus on the range of styles found in Broadway repertory. Dancers will work on basic kicklines, advanced partnering, and social/historical dances. Dancers build on advancing their knowledge of Broadway tap and jazz styles, focusing on combinations and repertory. Dancers work on advanced musicality and storytelling through song and dance.

#### Stretch & Conditioning: Ages 10-18

Students will focus on lengthening and strengthening their leg and back muscles to support proper extension during each class. Emphasis will be placed on improving and gaining flexibility, as well as core and upper body strength.

#### TDC COMPANY REQUIRES PREREQUISITES & ELECTIVES

#### **TDC Company**

The 2021–2022 season will mark TDC Company's ninth year. The Company was formed to give TDC's elite dancers performance and leadership opportunities. Past performances include regional competitions in Baltimore, Artscape, Open Marley Night at the Baltimore Theater Project, and the Cherry Blossom Festival in Washington, D.C. During our summer season, Company dancers continue their dance education in New York City during an immersive three-day trip taking master classes at Broadway Dance Center and attending live performances. Company dancers are required to take at least two ballet classes per week, one jazz class, one elective class, one conditioning class, and attend all rehearsals.



# 2021-2022 WEEKLY SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B
	BALLET 1	<b>BALLET 2</b> 3:45–5 PM	MUSICAL THEATRE 1 3:45-4:45 PM		PRIMARY	<b>JAZZ 3</b> 3:45–5 PM	MUSICAL THEATRE 2	TRE 2 JUMPS/ AP 1 LEAPS/ PM TURNS LEVEL 2 4-5:30 PM  ICAL TRE 5	COMPANY REHEARSALS TBD	<b>BALLET 1B/2</b> 9-10:30 AM	PRE-PRIMARY BALLET 9:15-10 AM		
BALLET 3 & POINTE 1 4-6 PM	4–5 PM	3.40-0 FW		BALLET 4 & POINTE 2 4-6 PM	<b>BALLET</b> 4–5 PM		W/ TAP 1 4-5 PM			PRE-POINTE 10:30-11 AM STRETCH & CONDIT. 11-11:45 AM	BALLET 3/4 AND POINTE 1/2 10 AM-12 PM	<b>ACRO 1</b> 10-11 AM	
	<b>BALLET 1A</b> 5–6 PM	LYRICAL 5-6 PM	<b>BALLET 1B</b> 4:45–6 PM		<b>JAZZ 1</b> 5-6 PM	<b>CONTEMP. 1</b> 5-6:30 PM	MUSICAL THEATRE 5 5-6 PM					JUMPS/ LEAPS/ TURNS LEVEL 1 11 AM-12:30 PM	
	<b>JAZZ 2</b> 6-7 PM	<b>ACRO 2</b> 6-6:45 PM	<b>TAP 3</b> 6-7 PM	BALLET 3 & POINTE 1 6-8 PM			<b>MODERN</b> 6-7 PM		BALLET REHEARSALS TBD		HIP HOP 1 12-1 PM		<b>TAP 2</b> 12:30-1:30 PM
BALLET 4 & POINTE 2 6-8 PM	MUSICAL THEATRE 3 7-8 PM	<b>JAZZ 4</b> 6:45–8 PM	<b>HIP HOP 2</b> 7–8 PM		<b>JAZZ 5</b> 6:30-8 PM	<b>CONTEMP. 2</b> 6:30–8 PM	MUSICAL THEATRE 4 7-8 PM					POINTE 1/2 12:30-2:30 PM	<b>BALLET 1B/2</b> 1:30-3 PM
													PRE-POINTE 3-3:30 PM

**All** TDC classes are coeducational.

All classes subject to change or may be combined, based on enrollment.

### 2021-2022

## RESIDENT TDC FACULTY



**NATASHA C. RHODES** ARTISTIC DIRECTOR, BALLET, TDC COMPANY CO-DIRECTOR ABT® Certified Teacher, Primary through Level 3 Elon University





**ALAINA TARY BALLET, JAZZ, TDC COMPANY CO-DIRECTOR** The Radio City Christmas Spectacular The Julliard School



**JULIA PIPER** TAP, MUSICAL THEATRE, MODERN, JLT Eddie Stockton Dance Arts Goucher College



**ASHLEY MCDOWELL** JAZZ, LYRICAL, ACRO Dissonance Dance Company University of the Arts



**LENAYA WILLIAMS** JAZZ University of Maryland's School of Medicine



**SOMAYA REDA** CONTEMPORARY Cleveland Cavalier Girls Dance Team Point Park University



**AMBER MERRICK BALLET** Cirque Du Soleil's Paramore on Broadway Towson University



**JOELLE SZYCHOWSKI BALLET** Dance and Bmore Goucher College



**FALKNER DISCHER BALLET** ABT® Certified Teacher, Primary through Level 3 Towson University



**MEGAN WUNDER BALLET, JAZZ, STRETCH AND CONDITIONING** The Heels and Wheels Dance Program Marymount Manhattan College



**JIMMIE MANNERS HIP HOP** Performer with J.Lo's Vegas Residency University of the Arts



**LINDSEY STEINMETZ PRE-PRIMARY** Dancer with Royal Caribbean Cruises Wake Forest University



**JENS LEE BALLET** Certified Cecchetti Teacher Certified in the 13 styles of American Rhythm and Smooth Ballroom

410-823-6323 ext. 1131



Facebook.com/ TheDanceConservatoryBaltimore





stpaulsmd.org/TDC



# **IMPORTANT DATES** 2021–2022

AUGUST  23 (MON)   5:30-6:30 PM   STUDIO AORIENTATION (PARENTS & STUDENTS)  24 (TUES)   5-7 PM   STUDIO APLACEMENT CLASS & COMPANY AUDITIONS (AGES 10-13)  26 (THURS)   5-7 PM   STUDIO APLACEMENT CLASS & COMPANY AUDITIONS (AGES 14-18)  30 (MON)   5-7 PM   STUDIO APLACEMENT CLASS & COMPANY CHOREOGRAPHY  31-2 (TUES-THURS)   TIMES TBD
TDC FIRST DAY & ROSH HASHANAH (CLASSES END AT 5 PM)  11 (SAT)
11 (MON)FALL BREAK (NO CLASSES)  NOVEMBER
8-14 (MON-SUN)OBSERVATION WEEK 24-28 (WEDS-SUN)THANKSGIVING BREAK (NO CLASSES)
20 (MON)WINTER BREAK BEGINS (NO CLASSES)
JANUARY           3 (MON)
FEBRUARY 21 (MON)PRESIDENTS' DAY (NO CLASSES)
MARCH  2 (WEDS)ASH WEDNESDAY (CLASSES END AT 5 PM)  14-21 (MON-MON)SPRING BREAK (NO CLASSES)
15-18 (FRI-MON)
MAY         TECH REHEARSAL           30 (MON)         MEMORIAL DAY (NO CLASSES)           31 (TUES)         TDC DRESS REHEARSALS
JUNE  1-3 (WEDS-FRI)



# CLASS PRICING HOURS PER WEEK, BASED ON A 38-WEEK SEASON

PRE-PRIMARY BALLET (COST PER SESSION)



_	\$370
-	\$510
-	\$680
_	\$850
_	\$960
-	\$1,160
_	\$1,370
-	\$1,420
-	\$1,520
-	\$1,580
_	\$1,680
_	\$1,970
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INDIVIDUAL UNLIMITED

FAMILY UNLIMITED

\$260

\$2,280 \$3,160



The Dance Conservatory has been designed for beginning through advanced dancers to identify, nurture, develop, and train the Baltimore community's children in the art of dance. The program offers students the opportunity to foster and enrich their dance education through the development of technical proficiency, artistic growth, and creativity.

#### VISIT US!

We invite you to come tour our facility and talk with the director about the wonderful opportunities and dance education that awaits you.

#### **LEARN MORE & REGISTER**

stpaulsmd.org/TDC

#### CONTACT

Natasha C. Rhodes, Artistic Director nrhodes@stpaulsmd.org or 410-823-6323 ext. 1131





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