



Middle school athletics are open to grades 5-8

The start date for middle school fall sports is Monday, September 13th.

Please sign up by Sunday, June 13th to participate in a fall sport.

<https://tinyurl.com/SPSGgators>

At SPSG, middle school athletics are optional, but we hope your daughter will consider participating.

Middle School Athletics Overview:

Coaches will evaluate students and place them on appropriate skill level teams. Please be mindful that if participation numbers are high, reasonable squad rosters will be set.

Practices for middle school teams are held on campus four days a week for one hour each day. Typically, these practices are held Monday-Thursday 3:45 – 4:45. The exception is the tennis clinic which practices only two times each week for six weeks. There is limited outside competition. It is an introduction to the sport. More details will be sent as we approach the start of the school year.

Students will need their own equipment for their respective sports. We offer the following fall sports for middle school students: Soccer, Field Hockey, Volleyball, Cross Country and a Tennis clinic.

A mandatory orientation program will be held for all incoming upper school students on Wednesday August 18th. This is currently scheduled as a virtual event

and the zoom link will be shared at a later date. Middle school families are invited to attend to learn more about the athletic program.

For any additional questions, please contact Athletic Director, Erin Howland, at ehowland@stpaulsmd.org or 443-632-1095.